



THE Rio Rotarian

No one has ever become poor by giving—Anne Frank



HELEN MADERE BRIDGE

"Having fun helping others...watering the rosebuds"

—Dr. Ted Schulz

Amazing Interact turnout, today!



Each Interact member contributes to an excellent rundown on RVHS activities. From left, we see Gabe De La Rosa, Destanie Rendon, Ingrid Gallardo, Meagan Delancy, Zoe White, Kaitlyn O'Connor, Kimberly Broughton, Jesus Rivas, Brooke Okamura, and Montana Olson.

Welcome

- Pres. Dave clangs on our melodic official Rotary Bell, and we pledge, pray and sing "King of the Road," while student Rotarians watch in amazement.

Visitors, Guests

- Hector introduces his guest, Dr. Dorota Korta, our speaker, who was born and spent much of her childhood in Poland. Ted welcomes perspective member, Dave Murray. Dan presents our newest member, Pocket.

Treasurer's report

- After cracking a few side-splitting jokes, Jay brings us up to date on our finances.

Secretary's report

- Leon says it's Jim & Evelyn Wilson's anniversary. He also says that Dick Burkhardt is wheel chair bound following hip replacement surgery.
(cont'd. next page)

Confessions, Cont'd.

- Clearing his conscience, Dan admits to attending the same educational seminar as Hector and Edwin, and pays \$25.
- Tom steps up to confess, spins; each person at his table must pay \$1.

Welcome, Student Rotarians

We greet ten enthusiastic Interact Club members, and each reports on a different topic at RVHS. Kudos to these diligent, top-notch students who get up early on Fridays to attend our meetings. They epitomize having fun helping others. Students discuss Honor Roll, pitfalls of announcing on loud speaker system, Girls winning swim league champs, helping LGBT students feel comfortable, arranging SAT's for free on regular school day, Student Body elections, Camp



Royal, outstanding KRVH interview of local dentist/Rotarian, Golf, Baseball, inhumane electric dog collar, Prom. Jim Mac secured Frank Reid's classic Model A for Prom Night photos.

We were very sorry to learn, today, of Rotarian Dick Burkhardt's (left) battle with hip replacement surgery. Dick has spent countless hours wrestling with his computer to bring us the amazing "Rio Rotarian." He is certainly missed. Get well soon, old friend!

Announcements

- Ed Kingen announces that we have a new member, Brandalyn Powell, whom we call "Pocket," and we'll likely have one more new member, next week.
- Gary reminds us of Rotary Day at the Races, Saturday, April 13, and passes around the signup list.
- Pat discusses golf tournament preparations.

Confessions

- Pat proves he's for the birds, as he's adopted backyard chickens. He also plays in the snow and pays \$20.
- Eddie broke his trailer going to Half Moon Bay for 4 days, bought a new trailer, meets up with daughter, attends baby shower, and pays \$20.
- Ken spends 3 carefree days at Disneyland with grandkids, has no money left, but manages to cough up \$25.
- Leon was attacked by a fence at a red light in San Jose, causing \$3,400 damage. Since he was covered by insurance, he adds \$50 to the kitty.
- Hector attends a 4-day "team-building retreat," bunking with his buddies. He's so glad it's over that he parts with a whopping \$25.
- Edwin confesses to attending the same seminar (in Reno), he also pays \$25, adding, "What happens in Reno stays in Reno."

Dorota Korta, M. D., Ph. D.

Hector introduces his guest speaker, Dr. Dorota Korta, a dermatologist with the Sutter Medical Group. Dr. Korta describes progress that has been made in the treatment of various skin cancers, mostly resulting from sun damage to the skin.



Dr. Dorota Korta

Of note is the development of immunotherapy to fight melanoma, a particularly lethal type of skin cancer. This is a type of targeted therapy in which cells are tested for cancer-causing mutations. It differs from chemotherapy in that the

body's immune system "learns" to target and destroy only the mutated cells, whereas chemo is less discriminating and destroys beneficial cells along the sick ones.

The most common type of skin cancer is basal cell carcinoma, which seldom metastasizes (shows up in other parts of the body) but is locally invasive (grows.) Squamous cell carcinoma is the second most common, and it may metastasize. Both may be preceded by seborrheic keratosis, which starts out as a harmless spot.

Melanoma is the deadliest form of skin cancer. It may resemble a mole with irregular borders and varied shades or colors, and it may grow.

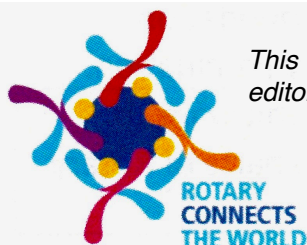
Dr. Korta advises us to check our skin regularly and to use SPF 30+ sun-block on all skin exposed to sun.

Hale wants to see kids get educated to protect their skin. Leon's wife's grandma was a witch in New Zealand, who brewed a potion that cured any and all skin problems.

50/50 Raffle: Gil can't find the right marble.

COMING ATTRACTIONS

DATE	SPEAKER/EVENT	PROGRAM CHAIR
April 12	Dave/Mary Kemnitz - Cars for Paradise Valley	Derek Abel
April 13	11:00 am—Rotary at the Races, Golden Gate Fields	Gary Lazdowski
April 19	John Callahan: "Hot Rods of the Sacramento Delta"	Jim McPherson
April 26	Rick Carter - Reclamation District	Jay Huyssoon
May 3	TBD	Ted Schulz
May 10	TBD	Leon Guenda
May 15	Marta Dron Nineteenth Annual Golf Tournament	Jay Huyssoon



*This week's
editor: Bob Bard*