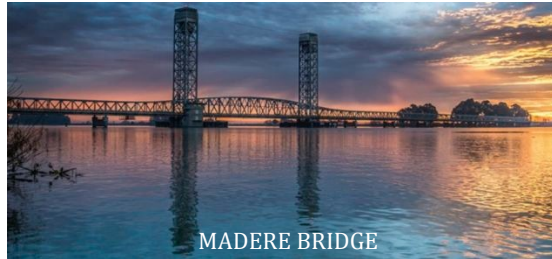


THE RIO

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"Life is tough! It's even tougher when you're stupid." —JOHN WAYNE



Rotarian

"Having fun
helping others...
watering the
rosebuds"

DR. TED SCHULZ

Bob Bard, Ed.



Who knows these lyrics?

We're Blue, Navy Blue, 'cause not even Dr. Ted knows these lyrics.

Visiting Rotarian

Jim Coleman visits from Danville while Abel's works on his car.

Guests, new member

Jack greets our speaker and former member, Dr. Mel Pearson. Hector joins us in greeting his daughter, Alyssa. Ed Kingen receives his new member pack.

The incomparable Evelyn report

Jamie says mom is doing great, and she's even working, again. *It's not the same without you, Evelyn!*

Golden State Warriors

Ted flies Warriors flag on his car and receives covetous comments from passersby. Then he reports on mysterious blood infection sustained by Al Medvitz and his battle with this rare disease.

Hector recognized for Tequila Y Más!

Hector & Stephanie, while visiting Lodi Farmers Market, discover Craft Beer Festival, coming June 20, 3:00—7:00 p. m., tickets \$30 at lodicraftbeerfestival.com. Lodi-Tokay Rotary sponsors this event. He tells us to sign up to sell tickets for Tequila Y Más. Your editor will send announcements to 150 Rotarians and friends who receive the amazing "Rio Rotarian." Pres. Jim awards Hector with "Light up Rotary" pin for chairing this event!

Endive festival—one thing the Lions do right!

Lee is disappointed and shocked that Lion Hale does not stand up and announce that this event will be held Saturday evening. Connie Boulware has tickets. Cost is \$50.

Dr. Ted plans "Old School" Demotion

No vegetarian meals. We need volunteer (hopefully, one with a mustache) to be a date for Pres. Jim. We meet at 5:30—Sue's house. Jim will paddle to Point. Dinner at 7:00 p. m.

Cub touts Derek Abel Band gig (Sat. June 20)

Derek says on your way to Craft Beer Festival check out his band at Cajun Blues Festival in Isleton. They play 11:15—12:15. He must spin for this blatant advertising and check the pressure in Ted's bike tires.

Pres. Jim starts PHF for grandson; pays \$50

It's for Crew Schultz, his son, Ryan's, kid.

The inimitable Alyssa De La Rosa report

Graduation was last week, bus ride for 1 week at Camp Royal leaves Sunday. Pres. Jim



Dr. Mel Pearson speaks on the origins of the Navy SEALs.

is disappointed with sketchy, lackluster street painting at RVHS intersection. He always loves to burn out in '55 Chevy, leaving distinctive layer of expensive rubber embellishing the Seniors' handiwork. Fun. Great idea.

Bass Derby booth progress

Dave is so pleased with teamwork that a report is not necessary.

Fine free brags

Pres. Jim lauds Jim McCracken for developing slide show highlighting Rotary events on our website. Jim McCracken thanks your ed. for his help. On a roll, now, Pres. Jim praises all members for extra effort to make our club special, prompting Hale to remark, "You're not too worried about demotion, are you?" Cub chimes in, "I stand up when I address the Pres.," so now

Hale, who is still seated, must get up and spin, as he mutters, "Next time I'll buy a Ford." His fine: buy another raffle ticket. "How much is one ticket?" he asks. "\$100," Eddie responds. (Hale still doesn't win...see below.)

Brag of the fining variety

Dick's grandson graduates elementary school in Las Vegas, and his granddaughter graduates high school with honors, Thespian of Year. He gives \$100 to PHF for wife.

Molly's son, AFS student, Gabriel Caseta, graduated RVHS. He and AFS student, Nikola Heidemann, became close friends with Molly's daughter, Jenna. Gabriel leaves June 28, but Nikki stays longer. Gabriel lives in Brazil, Nikki lives in Germany. Molly and Jenna will miss them; she pays \$20.

Wayne's drought report

Third Fresno area town runs out of water. Wayne will pay Rotary \$10 for each completed (water-bearing) hole he drills. He doesn't seem to be worried. Molly says it takes 1 gallon of water to grow 1 almond. Wayne says beer festival takes lots of water, but Tequila from Mexico uses no CA water.

Program

Dick Burkhart introduces our old friend, Mel Pearson, who speaks on the origins of the Navy SEALs (Sea, Air & Land). Mel was around when the SEALs were begun in 1962. They were trained in underwater demolition operations and utilized to remove obstacles that might interfere with amphibious landings. There were originally



The new "bell" has incredible tone...but where's the REAL bell?

2 units; SEAL Team 1 on the west coast and 2 on the east coast. Over the years, they have become an elite force of highly-trained operatives involved in secret missions in enemy strongholds.

Mel relates stories of his days of training to become a SEAL. The first 3 to 4 weeks of training, known as “hell week” weeded out many of the candidates. Mel described an obstacle course they had to negotiate, often getting about 3 to 4 hours of sleep during an entire week.

When Helicopter landings replaced amphibious landings, the primary mission of the SEALs shifted toward other types of clandestine operations. It was SEAL Team 6 that took out Osama bin Laden.

Mel describes the old “pendulum” type SCUBA gear in



Welcome, Jim Coleman
Danville/Sycamore Valley
Rotary Club.

which there was only one tube from the tank. If the operator didn’t exhale sufficiently, the CO₂ would not clear out of his lungs, and he’d die of asphyxiation. He helped write the Operations Manual for SEAL Team 1 in 1962.

Nowadays, SEALs are trained in parachute jumping, counter insurgency techniques and hand-to-hand combat. Following his first 16 weeks of training Mel added 15-20 pounds of muscle. Out of 120 candidates, 27 finished the full 16 weeks.

One retired SEAL has said of his profession, “It’s going to bring out the worst in you. It’s also going to bring out the best in you.”

50/50 Raffle

Hank finds his winning ticket, but not right marble.

| COMING ATTRACTIONS | | |
|--------------------|--|-----------------|
| DATE | SPEAKER/EVENT | PROGRAM CHAIR |
| Friday, June 19 | Donna Lee— City of Rio Vista | Jim Nordin |
| Friday, June 26 | Demotion: 5:30 Social at Sue’s, 7:00 Dinner at Point | Dr. Ted Schulz |
| Friday, July 3 | No Meeting— Independence Day | Uncle Sam |
| Friday, July 10 | To Be Announced | To Be Announced |
| Friday, July17 | To Be Announced | To Be Announced |